



Thom Rutledge is a psychotherapist and author of several books, including *Embracing Fear*, *The Self-Forgiveness Handbook* and *Earning Your Own Respect*. His political commentaries have appeared in newspapers across the country, including The Chicago Tribune, The Philadelphia Inquirer, The Indianapolis Star, The Nashville Tennessean and The New York Times. With *Therapy for Politics*, Thom turns his attention to national politics, not to become one more partisan voice in the dangerously polarized noise, but to bring his unique therapeutic touch with the intention to help heal the relational pathology that is crippling our leaders' ability to solve our nation's problems. With *Therapy for Politics*, Thom is presenting a challenge to all of us, not just politicians. It is a challenge to step back and look beyond the specific content of political argument and to do what couples are asked to do in relationship therapy: examine and ultimately change HOW we are communicating.

Our chosen representatives should be expert problem solvers, talented communicators, creative out-of-the-box thinkers, willing and able to collaborate with other representatives of both political parties. Let us ask our candidates to provide resumes of successful problem solving, not examples of how stubborn they are. -Thom Rutledge, LCSW

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